

SEATING IDENTIFICATION TOOL (SIT)

ASSESSMENT DATE: _____

WITHIN THE LAST FOUR (4) WEEKS	YES	NO
1) Has the individual had red areas on their bottom?	2	0
2) Has the individual had an open pressure sore on their bottom?	2	0
3) Has the individual had red areas on their back?	1	0
4) Has the individual had an open pressure sore on their back?	2	0
5) Has the individual reported or demonstrated behaviours that indicate they could be in discomfort or pain while sitting for any length of time? (such as moaning, grimacing or agitation)	1	0
6) Has the individual had difficulty propelling their wheelchair? <i>(if the individual does not propel their wheelchair, circle 0)</i>	1	0
7) Has the individual required repositioning as a result of sliding or leaning?	1	0
8) Has an anti-slide device such as a foam bolster, pommel, roll bar, posture pal, or posey restraint been used?	1	0
9) Have rolled blankets, pillows or homemade devices been used to prevent leaning?	1	0
10) Has the individual not been using a wheelchair seat cushion? <i>(do not include linens, pillows, incontinence pads, or home made foam cushions.)</i>	2	0
11) Has the individual tipped their wheelchair or been at risk of tipping their wheelchair?	1	0
OVERALL SCORE		

The overall score is the sum of all items. Scores greater than or equal to two, indicate a need for intervention. Intervention may include formal assessment or education.

SCORING THE SIT

The SIT consists of 11 items that assess five areas related to wheelchair and seating issues (skin conditions, or pressure areas, discomfort behaviours, mobility, positioning and stability). All of the item responses are recorded as either a yes or no. A score is given for a positive response (yes) to all items. All responses are scored as 1 except for items 1, 2, 4 and 10 which are weighted as 2 (see table below). These items were weighted with a score of 2 as they are considered to leave the individual at a higher level of risk of other health complications. The responses are summed to provide a total score that ranges from 0 (no need for intervention) to 15 (serious need for intervention). A score of 2 or higher is indicative of a need for a formal intervention by a therapist with wheelchair and seating experience.

Category	SIT Item Numbers	Score Weight
Skin condition or Pressure Area	1,2,4 3	2 1
Discomfort	5	1
Positioning	7,8,9 10	1 2
Mobility	6	1
Stability	11	1

The Seating Identification Tool (SIT) Manual is used with permission from the Author.

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