

ROOM CONFIGURATIONS IN RESIDENTIAL CARE

THE FACTS YOU AND YOUR LOVED ONES NEED TO KNOW

Private Rooms



- **87%** of rooms in Residential Care are private rooms for one person.
- **9 out of 10** rooms in privately owned and operated care homes are private.
- Most newer care homes have **only** private and semi-private rooms.
- Single person rooms provide **privacy** but may increase **social isolation**.

Semi-Private



- **9%** of rooms in Residential Care are semi-private rooms shared by two residents.
- **Two - Thirds** of semi-private rooms in British Columbia are found in privately owned and operated care homes.
- Semi-private rooms allow seniors the **flexibility** to live with a loved one, such as a spouse, or dear friend.

Multi-Person



- **4%** of Rooms in Residential Care are multi-person rooms shared by 3 to 5 residents.
- Over **80%** of multi-person rooms are found in government owned and operated care homes.
- The average age of a care home with multi-person rooms is **41 years**.
- Multi-person rooms can help combat **social-isolation**, but may lack **privacy**.

Facts & Figures on

SOCIAL ISOLATION • LONELINESS

- Nearly **one in four** seniors reported that they would like to participate more in social activities.
- Social isolation and loneliness are associated with a **higher risk of mortality** in adults aged 52 and older
- Increased loneliness can lead to **depression** as well as **cognitive decline** and increased risk of **dementia** among older adults.
- Isolation is as strong a factor in early death as smoking **15 cigarettes a day**.

For further information, [click here](#).