

# RESIDENT ON RESIDENT AGGRESSION IN CONTINUING CARE

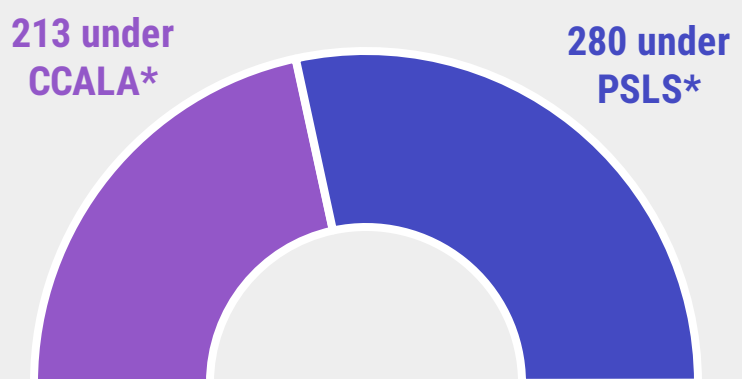
THE FACTS YOU AND YOUR LOVED ONES NEED TO KNOW

## DEFINITION:

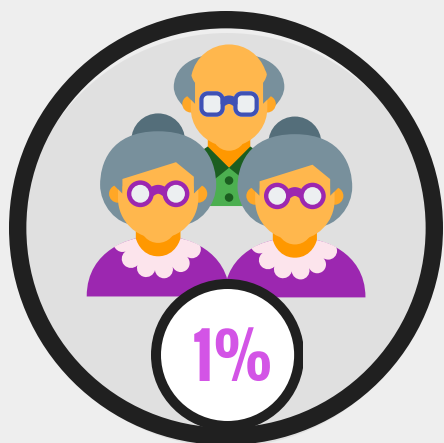
Resident on Resident Aggression (RRA) is any act of negative and **aggressive physical, sexual, or verbal** interaction between residents in long-term care that causes **physical or psychological** harm in the recipient.

## HOW COMMON IS RRA?

- In 2015 there were **493** serious acts of physical resident on resident aggression reported between two **overlapping** reporting systems...



\*CCALA = Community Care and Assisted Living Act  
\*\* PSLs = Patient Safety Learning System



- This means that of the **43,500** people in long-term care in 2015, approximately **1%** of them experienced a serious physical act of Resident on Resident Aggression.
- Acts of aggression by residents may be under-reported, and a clearer reporting system is needed.

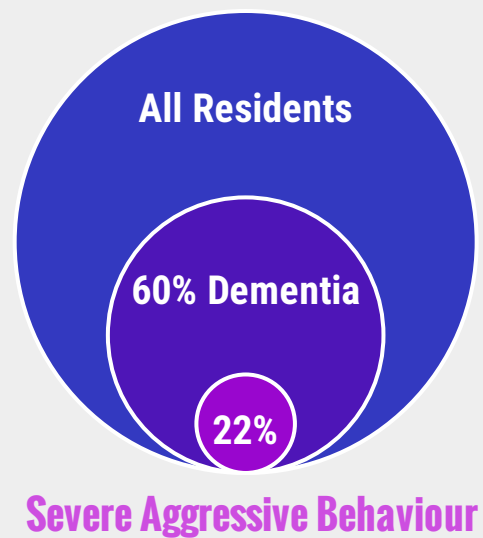
- No act of aggression against a senior in long-term care is acceptable.**

## WHAT CAUSES RRA?

- Resident on Resident Aggression is more often than not a manifestation of an **underlying condition**, or other **situational and environmental triggers**...



- In BC over **60%** of residents in long term care also have **Alzheimer's** or other **dementias**
- 22%** of long-term care residents with dementia exhibit **severe aggressive** behaviour



## HOW DO CARE PROVIDERS PREVENT RRA?

- Getting to know each person individually, including personal & environmental triggers
- Making thoughtful roommate placements
- Learning about the effects of Dementia and other cognitive impairments
- Addressing physical pain and discomfort
- Using in the moment de-escalation techniques
- Identify and address the underlying needs behind the aggression

"The best way to handle aggressive behaviors is to **prevent** them from occurring in the first place."  
- Judy Berry  
Founder of the Lakeview Ranch Model of Care



"**Activites** are the main weapon against behaviour difficulties and violent behaviour."  
- Dr. Paul Raia  
V.P. Alzheimer's Association

## WHAT CAN BE DONE TO REDUCE RRA?

The **BC Care Providers Association (BCCPA)** supports:

- Addressing Resident on Resident Aggression as part of a National Dementia Strategy
- Exploring new care models and approaches, such as the [Behavioural Supports Ontario](#) or the [Dementia Village in the Netherlands](#).
- Providing training and education for long-term care providers through [SafeCare BC](#) programs
- Promoting [best practices](#), such as the BCCPA's [anti-psychotic best practice guide](#)
- Increasing public awareness and knowledge through [events](#)
- To learn more, [click here](#)

