

UPDATES

COMPLETE PURCHASING SERVICES MONTHLY NEWS BULLETIN

November 2014

REGISTER NOW FOR COMPLETE EDUCATION AND LAUNCH WEBCASTS COMING THIS FALL:

Take part in our webcasts by clicking on the registration boxes below. For more details look for invitations included at the end of the UPDATES newsletter, or logon to eCPS (www.eCPS.ca > Seminars). *We look forward to seeing you there!*

2014 COMPLETE Education Webcast Series

Therapeutic Relationships	November 6	Click here to register
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COMPLETE MenuBuilder Training

MenuBuilder Training – Customize your Week at a Glance	November 4	Click here to register
	November 5	Click here to register
	November 6	Click here to register
MenuBuilder Training – Customize a Therapeutic Menu	November 11	Click here to register
	November 12	Click here to register
	November 13	Click here to register
MenuBuilder Training – Customize Production Sheets & Recipe Binders	November 18	Click here to register
	November 19	Click here to register
	November 20	Click here to register

Attention Victoria & Vancouver: Are You Ready For the Ban on Food Waste?

Starting in January 2015, all food waste (i.e. kitchen scraps) will be banned. Here is a short summary of important dates & details:

	Vancouver	Victoria
What is being banned?	All food waste (i.e. kitchen scraps), and food soiled paper	All food waste (i.e. kitchen scraps), and food soiled paper
Where is the ban?	Across the Metro Vancouver Region	The Capital Regional District (CRD): Victoria and the Greater Victoria Area (if your site uses the Hartland Landfill)
When does the ban start?	January 1, 2015	January 1, 2015

Why are kitchen scraps being restricted from the landfill?

Each region has their own reasons for deterring kitchen scraps from entering the landfill however, the goal is the same: to reduce the space required for waste while being environmentally progressive. There are many reasons to deter kitchen scraps from landfill such as:

- Kitchen scraps create methane**, a powerful greenhouse gas that adds to global warming. In the landfill, buried under layers of waste and without access to oxygen, our food scraps can't decompose properly.
- Kitchen scraps use up a lot of precious landfill space**. Space for waste is limited, and creating more landfills is not a sustainable or desirable solution.
- Kitchen scraps are a valuable resource**. By separating them for composting, kitchen scraps can be turned into a valuable soil amendment. Composted kitchen scraps contain nutrients and minerals essential for healthy plant development. They also encourage healthy soil ecosystems through the addition of micro-organisms. These organisms can help reduce garden pests while encouraging beneficial insects, which can reduce or eliminate pesticide use.
- Research shows that households throw out up to 30% - 40% of the groceries they purchase** which also wastes the resources that went into producing food (i.e. energy, water, etc.). By composting kitchen scraps, we can reclaim some of these precious resources and use them to produce new plants such as fruits & vegetables

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Attention Victoria & Vancouver: Are You Ready For the Ban on Food Waste?

Continued from page 1

What do I need to know specifically for my region?

If you are in Vancouver...

All businesses and residents will need to separate organic materials from their regular garbage. Most municipalities have organics collection as part of their regular waste-removal services. Residents of multi-family and mixed-use buildings may need to add organics collection to their contracted waste-removal service. For the commercial and institutional/industrial sectors, food waste will either need to be processed on-site (usually by composting), donated (usable leftover food) or transported to an appropriate processing facility for composting or energy recovery.

If you are in Victoria...

The Capital Regional District (CRD) has a waste diversion goal of 70% by 2015. This is why these materials are being diverted from the waste stream.

What is considered “kitchen scraps”?

Food waste examples include: meats and fish, bones and seafood shells, eggshells, pasta, bread and rice, dairy products, sauces, dressings, vegetable and fruit peels, seeds and pits, desserts, coffee grounds/filters and tea bags.

Food-soiled paper examples include: waxed cardboard boxes, pizza boxes, paper plates/cups, paper towels/napkins, paper egg cartons food-soiled newspaper, paper bags and kraft paper liner bags used for collecting scraps

Who will collect kitchen scraps?

Businesses, multi-family dwellings and residents on private subscription garbage collection service will need to make their own collection arrangements, as they already do for garbage.

How can businesses and multi-family dwellings prepare for the 2015 restriction?

Businesses and multi-family dwellings who are serviced by private sector service providers will have to arrange their own kitchen scraps collection, just as they do for garbage and recyclables. **However, as a CPS member you can take advantage of MASS Environmental Services new “Best Value” offering for waste diversion and disposal.**

How can MASS Environmental Services help my business meet this new restriction?

MASS Environmental Services can help you better manage your waste stream through a waste audit to identify all opportunities for waste diversion and disposal. They are also the exclusive Canadian distributors of the Rocket In-Vessel Composting System and offer maceration & de-watering systems that help to speed up the composting process.

In addition, their expertise on waste management means they can work on your behalf to get you the best service & price for your waste & recycling services while ensuring service contracts protect your interests. They can help you coordinate the collection of your waste including:

- Non-hazardous materials (i.e. waste, recycling, & organic materials)
- Bio-medical waste (i.e. hazardous drugs & infectious agents)
- Hazardous waste
- Used cooking oil
- Grease trap waste
- Construction waste
- Confidential paper shredding

What are the systems that you mentioned? How can they help my operations to reduce kitchen scraps?

- **The Waste Station** macerates and de-waters your kitchen scraps and turns them into a pulp. This system reduces your kitchen scrap volume by approximately 80%.
- **The Rocket In-Vessel Composter** takes your food scraps and turns them into organic compost. It can turn your kitchen scraps into useable compost in as little as 14 days when used with the Waste Station.

What are the benefits to implementing these systems?

There are several benefits your operations will experience as a result of implementing the use of this equipment: such as:

1. It dramatically reduces your waste disposal costs.
2. It gives your operations a competitive edge through a compelling environmental story.
3. It will (likely) drive your operations to re-examine your waste in other areas and look for further opportunities for waste diversion and reduction therefore reducing your costs even further.
4. It will get your staff involved in a project that they can be excited about. Most people care greatly about the environment and would be proud to make a contribution to its improvement in small ways that make a big difference.

Want to learn more about how MASS Environmental Services?

- Contact MASS Environmental Services at 705.652.6544 – don't forget to mention that you are a CPS member!
- Logon to eCPS (www.eCPS.ca > Distributors > MASS Environmental Services)
- Contact your dedicated CPS Account Manager

eCPS CORNER

eCPS Real Time Inventory

You asked and we listened! Real Time Inventory (RTI) has been designed to make your eCPS Purchasing experience even better. In a nutshell, here is how it works...**before you place your order you can verify available inventory. If some items you want are sold out, look for “Best Value” alternatives before you place your final order.** It's that simple.

It is important to note that you will still receive all standard email communications after your order is processed. *Need assistance?* Contact the friendly eCPS Client Services Team at 1.866.694.eCPS(3277). *It's our pleasure to serve!*

FOODSERVICE CONTRACT UPDATES

Introducing HYDRA+™ Thickened Beverages from Lassonde

Note: This article was posted to eCPS, October 30, 2014

Hydra+ is a new line of thickened beverages from CPS' "Best Value" Partner A. Lassonde Inc. This innovation delivers an industry first: a thickened beverage made with premium ingredients prepared in Canada that delivers a taste and texture we know your residents will enjoy.

Furthermore, it is conveniently packaged in a shelf stable format and is ready-to-pour minimizing the need for staff preparation while promoting consistency. Available in both honey & nectar consistencies, these products were designed to meet the specific needs of people with dysphagia.

Hydra+ Thickened Beverages are...

- Made with Oasis juice and water which has created a superior taste and quality
- Available in four delicious flavours: apple and orange juice, cranberry cocktail and lemon flavoured water beverage
- Created to meet viscosity targets of NDD* and Bostwick measurements
- Shelf stable with no preparation required; simply pour and serve!
- Available in honey & nectar consistencies with colour coded packaging for easy identification
- Provides 100% of daily Vitamin C requirements in each 8 fl oz serving
- Kosher, gluten and lactose-free

For more information logon to www.eCPS.ca > Contract Updates.

Product Description	Pack Size	Sysco	GFS	Flanagan's
Honey Consistency				
Apple Juice	12 x 1L	3240732	1258850	383042
Orange Juice	12 x 1L	3240666	1258862	383056
Cranberry Cocktail	12 x 1L	3240742	1258858	383046
Lemon-flavoured Water	12 x 1L	3240728	1258861	383050
Nectar Consistency				
Apple Juice	12 x 1L	3240761	1258856	383040
Orange Juice	12 x 1L	3240676	1258854	383052
Cranberry Cocktail	12 x 1L	3240631	1258849	383044
Lemon-flavoured Water	12 x 1L	3240654	1258853	383048

Chapman's Introduces Limited Edition Holiday Slice Cream

Note: This article was posted to eCPS, October 24, 2014

Chapman's is pleased to introduce their 2014 Holiday Favourites ice cream line up including a new flavour of Slice Cream: Winter Cocoa. Marshmallow & Hot Cocoa flavoured ice cream is topped with whipped marshmallow ruffles, chocolate sprinkles and marshmallow truffles in their convenient slice-and-serve format. Try it today; these flavours are available only during the holiday season.

This year's holiday favourites also include...

- **Peppermint Stick:** Peppermint flavoured ice cream with speckles of green & red candy pieces
- **Holiday Twist:** Mint and chocolate ice cream twisted with red, white & green candy cane pieces
- **Santa's Milk & Cookies:** Vanilla ice cream swirled with chocolate chip cookies and caramel sauce

Product Description	Pack Size	Sysco	GFS	Flanagan's
Winter Cocoa Slice Cream	3 x 1.5L	3282898	1259944	992801
Peppermint Stick Original Ice Cream	4 x 2L	8091199	9087846	117159
Holiday Twist Premium Ice Cream	4 x 2L	1340421	5348005	117169
Santa's Milk & Cookies Premium Ice Cream	4 x 2L	1340397	9349716	117171

NEW! 1" Mini Tart Shell from Apple Valley

Note: This article was posted to eCPS, October 24, 2014

As a perfect addition to your holiday and catering menu, Apple Valley has launched a 1" mini tart shell. The one-bight size has an enticing homemade look and is perfect for appetizers or desserts. Its unsweetened recipe makes it suited for a variety of sweet and savoury menu applications. Try it filled with cheesecake for an indulgent dessert, or a mushroom medley for a savoury appetizer.

Product Description	Pack Size	Sysco Ontario & Regina	GFS	Flanagan's
1" Mini Tart Shell	300 x 5.5g	2192285	1258898	122090

Update: Price Increase on Dr. Oetker Low Calorie Drink Crystals

Note: This article was posted to eCPS, October 8, 2014

Effective November 1, Dr. Oetker will implement a 2% price increase on their low calorie drink crystals resulting from increased commodity, ingredient and freight costs. We have been successful in delaying this price increase for four months (it was previously noted for July 1, 2014).

Price Increase from Cargill Better Beef

Note: This article was posted to eCPS, October 15, 2014

As of November 1, Cargill will implement a price increase of 1.7% on lean ground beef and 0.7% on medium ground beef due to tight supplies and market conditions in the beef industry.

NEW! Dare Simple Pleasures Portion Pack Cookies

Note: This article was posted to eCPS, October 16, 2014

Dare Simple Pleasures products are now available in a convenient 2-cookie portion pack. Available in two delicious flavours, digestive and social tea cookies are great served as a light snack or with coffee & tea. Logon to eCPS (www.eCPS.ca > Contract Updates) for more information.

Nutritional highlights...

- Baked with under 10 ingredients
- No cholesterol or trans fat, low in saturated fat
- No artificial colours or flavours
- Less fat, sodium and sugar than the leading competitor

Product Description	Pack Size	Sysco*	GFS	Flanagan's
Simple Pleasures Digestive	200 x 18g	3269663	NA	NA
Simple Pleasures Social Tea	200 x 13g	3269646	NA	NA

*Available at Sysco Central. We will update you as more listings become available.

For a Limited Time: Voortman's Christmas Cookie Collection

Note: This article was posted to eCPS, October 28, 2014

Available for a limited time, Voortman's Christmas cookie selections are the perfect addition to your holiday menu. Choose from festive favourites including gingerbread, shortbread and assorted flavours in fun holiday shapes. These cookies are available until November 20th. Logon to eCPS (www.eCPS.ca > News) for more information on each variety.

Product Description	Pack Size	Sysco	GFS	Flanagan's
Shortbread Swirl	12 x 250g	7133236	1086563	955051
Iced Almonette	12 x 250g	7133244	1086553	955053
Dutch Fudge	12 x 300g	7133293	9957436	920321
Dutch Fudge (Bulk)	1 x 10lb	0347781	9922276	941767
Festive Red	12 x 300g	0688374	9957356	962249
Festive Red (Bulk)	1 x 10lb	3284361	9922166	941759
Festive Green	12 x 300g	0723296	9957226	962251
Festive Green (Bulk)	1 x 10lb	0348128	9922436	941761
Gingerboy	12 x 300g	0294843	9925786	955125
Gingerboy (Bulk)	1 x 10lb	0346288	9181736	955049
Assorted Festive	12 x 300g	3025657	9957656	954740
Assorted Festive (Bulk)	1 x 10lb	0346254	9408416	941769
Gingerbread Men (Bulk)	1 x 10lb	4406948	9922386	955055
Tea Break (Bulk)	1 x 10lb	4408373	9903676	941765

Introducing Two New Glucerna Bar Flavours

Note: This article was posted to eCPS, October 30, 2014

Starting in November, Glucerna Bars will be discontinuing the flavours of chocolate graham and vanilla lemon twist and replacing them with chocolate chip and peanut & chocolate.

Glucerna Bars are designed specially for people with diabetes. This delicious snack option features protein, fibre, and slow-release carbohydrates. Logon to eCPS (www.eCPS.ca > Contract Updates) for nutritionals and product information.

Note: Pack size and order codes have changed, however the price per unit remains the same.

Product Description	Pack Size	Abbott	Cardinal Health	Sysco	GFS
Glucerna Bar Peanut & Chocolate	36 x 41g	63488206	AB58249-204	5270614	1207920
Glucerna Bar Chocolate Chip	36 x 41g	63487206	AB58247-204	5270659	1207918

New Name & Look for Ensure with scFOS

Note: This article was posted to eCPS, October 30, 2014

To effectively highlight product benefits, Ensure with scFOS from Abbott Nutrition will now be called **Ensure scFOS Fibre** and feature updated packaging and nutritional information.

What is scFOS? A type of soluble fibre with prebiotic properties that help promote a healthy digestive system. For more product and nutritional information logon to eCPS (www.eCPS.ca > Contract Updates). It is important to note that pack size and order codes remain the same.

Product Description	Pack Size	Abbott	Cardinal Health	Sysco	GFS
Ensure scFOS Fibre – Vanilla	36 x 41g	50755848	AB50755-848	7534205	1207890
Ensure scFOS Fibre – Strawberry	36 x 41g	53852848	AB53852-848	7534217	1207892

Price Increase from Bridor Inc.

Note: This article was posted to eCPS, October 30, 2014

Effective November 1, Bridor Inc. will implement a 4% increase on all butter frozen pastry products as a result of increased raw material costs.

Product Discontinuations from Original Cakerie

Note: This article was posted to eCPS, October 30, 2014

Original Cakerie will be discontinuing their New York Style Cheesecake and Chocolate Black Velvet Cake. Please find suggested “Best Value” replacement options in the table below:

Discontinued Product		Suggested Replacements				
Product Description	Pack Size	Product Description	Pack Size	Sysco	GFS	Flanagan's
New York Style Cheesecake	2 x 12" x 16"	Golden Vanilla Bean Cake	2 x 12" x 16"	2275115	1225339	104310
		Red Velvet Cake	2 x 12" x 16"	0814865	1190994	104161
		Confetti Fun Cake	2 x 12" x 16"	2793430	1245768	104312
Chocolate Black Velvet Cake	2 x 12" x 16"	Red Velvet Cake	2 x 12" x 16"	0814865	1190994	104161

Product Discontinuation from Kraft Foods

Note: This article was posted to eCPS, October 30, 2014

Due to low sales volume, Kraft will be discontinuing the following products.

Product Description	Pack Size	Estimated Depletion Date
Kraft Pure Creamy Balsamic	2 x 3.78L	December 7, 2014
Kraft Sweet Onion Vinaigrette	2 x 3.78L	December 24, 2014
Kraft EVOO Balsamic Vinaigrette	2 x 3.78L	January 25, 2014

PRICE SAVERS

Introducing the “Best Value” Disposable & Household Glove Program

Note: This article was posted to eCPS, October 30, 2014

We are pleased to announce the “Best Value” disposable & household glove program by Gallimore Healthcare. Amerifit gloves come in a selection of vinyl, nitrile, latex and poly gloves, offering a solution for varied uses and applications. Take advantage of significant “Best Value”

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Introducing the “Best Value” Disposable & Household Glove Program

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savings without sacrificing product quality.

If you are purchasing...		Switch to...			
Product	Sysco Code	Product	Pack Size	Sysco Code	Approximate "Best Value" Savings...
Sysco Classic Glove Latex, Powder Free, Medium	0169979	Amerifit Gloves Latex, Powder Free, Medium	4 x 100CT	2648848	43%
Sysco Classic Glove Latex, Powder Free, Large	0169987	Amerifit Gloves Latex, Powder Free, Large	4 x 100CT	2648859	43%
Sysco Classic Glove Vinyl, Disp, Medium	0170035	Amerifit Gloves Vinyl Pre-Powdered, Medium	4 x 100CT	7676232	52%
Sysco Classic Glove Vinyl Disp, Large	0170043	Amerifit Gloves Vinyl, Pre-Powdered, Large	4 x 100CT	7676257	52%
511 Foods GVP8M Medium Vinyl Glove	5371768	Amerifit Gloves, Vinyl, Pre-Powdered, Medium	4 x 100CT	7676232	13%
Sysco Classic Glove, Powder Free, Medium, Nitrile	5564970	Amerifit Gloves Nitrile, Powder Free, Medium	4 x 100CT	2630517	44%
Sysco Reliance Glove Vinyl, Large, Multi-use	5725534	Amerifit Gloves Vinyl, Pre-powdered, Large	4 x 100CT	7676257	22%
Sysco Reliance Glove Vinyl, Medium, Multi-use	5725563	Amerifit Gloves Vinyl, Pre-Powdered, Medium	4 x 100CT	7676232	22%
Sysco Classic Glove Vinyl Stretch, Powder-Free, Medium	8069171	Amerifit Gloves Stretch Vinyl, Powder-Free, Medium	4 x 100CT	2648958	39%
Safetyzone Gloves, Vinyl, Large	9679366	Amerifit Gloves Vinyl, Pre-Powdered, Large	4 x 100CT	7676257	24%

FACILITY, MAINTENANCE & OFFICE SUPPLY UPDATES

Price Increase on Hewlett Packard Toners

Note: This article was posted to eCPS, October 30, 2014

On October 16, Hewlett Packard implemented a manufacturer's increase of 8% on toners for their “Legacy” printers. **To help manage costs, OfficeMax Grand & Toy has suggested house brand equivalents that offer up to 76% savings.** Logon to eCPS (www.eCPS.ca > Contract Updates) for the full list including order numbers.

Let Diversey Help you Prepare for Cold & Flu Season

Note: This article was posted to eCPS, October 30, 2014

Creating a culture of sanitation, disinfection and cleaning of commonly touched surfaces is a simple way to reduce the spread of viruses throughout your facility. Oxivir Wipes from Diversey Care are an effective, one-step cleaner and disinfectant for use on highly touched surfaces. Logon to eCPS (www.eCPS.ca > News) for more product information.

Oxivir Wipes are...

- **Fast & effective:** Clean and disinfect surfaces in just one minute from key pathogens including Norovirus, TB, MRSA and VRE
- **Convenient:** Pre-moistened wipes are easy to use and require no mixing or laundering and are available in three different wipe sizes
- **Safe & Non-Irritating:** No gloves are required when used as directed; active ingredients break down to oxygen and water after use

Product Description	Pack Size	Diversey Code
Oxivir TB Wipes 6" x 7"	12 x 160ct	5144708
Oxivir TB Wipes 7" x 8"	12 x 60ct	5995422
Oxivir TB Wipes 11" x 12"	4 x 160ct	5627460

NURSING UPDATES

TENA Skincare: New Packaging & Improved Product Formulation

Note: This article was posted to eCPS, October 24, 2014

TENA has re-launched their skincare line with product packaging and formulation enhancements, benefiting both your residents and caregivers. New product formulations create a gentler application to at-risk skin while modernized packaging allow for ease of use and product differentiation.

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TENA Skincare: New Packaging & Improved Product Formulation

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New packaging and formulation features...

- A gentler body wash & shampoo and more moisturizing cleansing cream to increase patient comfort and ease of application
- Smoother packaging and updated labeling allow for more hygienic care with easy to understand application instructions
- Wider based bottles improve package stability. It is important to note that 1L bottles will still fit in existing wall brackets
- New 5ml foil packets are ideal for infection control and shorter resident stays, reducing product waste

Some case counts and product names have been modified to better reflect product usage, however please note that pricing *per unit* remains the same.

- TENA Wash Cream is now TENA Cleansing Cream
- TENA Flushable Washcloths are now TENA UltraFlush Washcloths
- TENA Protective Cream with Zinc is now called TENA Soothing Cream

For further product details logon to eCPS (www.eCPS.ca > News).

Product Description	Pack Size	New Order Code	Previous Order Code
TENA Cleansing Cream	500 x 5ml	64420	-
	10 x 250ml*	64425	64331
	10 x 500ml	64430	64340
	8 x 1L*	64435	64351
TENA Cleansing Cream (Scent Free)	500 x 5ml	64405	-
	10 x 250ml*	64410	64350
	8 x 1L*	64415	64355
TENA Classic Washcloths	100 x 5ct	65725	-
	12 x 48ct	65724	64610
TENA Ultra Washcloths	100 x 5ct	65721	-
	12 x 48ct	65720	64608
TENA Ultra Washcloths (Scent Free)	100 x 5ct	65723	64615
	12 x 48ct	65722	64620
TENA UltraFlush Washcloths	100 x 5ct	65727	64621
	12 x 48ct*	65726	64388
TENA Body Wash & Shampoo	500 x 5ml	64353	-
	10 x 500ml	64363	64365
TENA Body Wash & Shampoo (Scent Free)	500 x 5ml	64333	-
	8 x 1L*	64343	64375
TENA Soothing Cream	10 x 100ml	64406	64371

*Indicates pack size has changed

First Aid Kits from Cardinal Health

Note: This article was posted to eCPS, October 30, 2014

Despite ongoing efforts to promote safe work places, accidents can still occur. It is mandatory to have a first aid kit in addition to checking the kit every quarter to ensure items required are available and not expired.

Did you know that each workplace must have...

- A first aid kit that is stocked in accordance with the number of employees in the workplace
- A first aid kit that is displayed in an easily accessible area for all employees
- A designated employee who is trained in first aid

Cardinal Health has a wide variety of first aid kits and supplies available at CPS "Best Value" pricing to help your operations stay compliant with health & safety regulations.

Not yet a Cardinal Health customer?

To get set up contact your dedicated CPS Account Manager or logon to eCPS (www.eCPS.ca > Distributors > Cardinal Health).

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First Aid Kits from Cardinal Health

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Product Description	Pack Size	Cardinal Health
First Aid Kit Level 2 (6 – 15 Employees)	1 Each	P826161024M
First Aid Kit (16 – 200 Employees)	1 Each	PS8905050
Aluminum Stretcher 81", S-Fold	1 Each	WSPF6051401
First Aid Blanket 41" x 72"	1 Each	WSPF6503401
Pocket Rescue Ventilator	12/case	01PV1503W-CS
Chemical Burn First Aid Kit	1 Each	P8163270
Burnfree First Aid Kit P10	1 Each	WSPF5601P10
Burnfree First Aid Kit P16	1 Each	WSPF5602P160
Trainers First Aid Kit	1 Each	WSPF7532P600
Restaurant/Kitchen First Aid Kit	1 Each	P8910050
Body Fluid Clean Up Kit	1 Each	WSPF7595P100

ADMINISTRATION

COMPLETE Education Webcast: "Therapeutic Relationships"

Note: This article was posted to eCPS, October 24, 2014

Our upcoming COMPLETE Education Webcast on Thursday November 6th explores the topic of "Therapeutic Relationships". Join Jayne Harvey to learn how to identify behaviours that indicate when boundaries of confidentiality, professional roles and appropriate conversation topics may be crossed.

It is our hope that this webcast will serve as a great team building exercise and inspire your team to manage therapeutic relationships within your facility. To help you advertise & promote this opportunity to entice more management staff to attend, please find on eCPS a customizable poster to download. Simply type in the room where you will hold the meeting under "Location", print & post in your facility where staff will see it!

To register for the webcast and obtain your customizable poster look at the end of the UPDATES Newsletter or logon to eCPS (www.eCPS.ca > News).

Personal Protective Equipment for Ebola Virus Disease from 3M

Note: This article was posted to eCPS, October 30, 2014

In response to the Ebola outbreak in Africa, 3M has created a factsheet of Frequently Asked Questions (FAQs) and suggested personal protective equipment to help prepare for the event of an epidemic such as Ebola. Logon to eCPS (www.eCPS.ca > News) for information about...

- Ebola virus disease and how it is transmitted
- A summary of World Health Organization personal protective equipment recommendations
- 3M protective equipment and specifications such as eye & face protection, protective clothing and impermeable eye & footwear

3M products can be ordered through your local Bunzl distributor. **Not yet a Bunzl customer?** To get set up contact...

- Your dedicated CPS account manager
- Log on to www.eCPS.ca > Distributors > Bunzl

PRICE CHANGES

Category	Supplier	Approx. Change	Comments	Effective
Printer Ink Toners	Hewlett-Packard	+8%	Price increase on "Legacy" series printer toners.	October 16, 2014
Drink Crystals	Dr. Oetker	+2%	Price adjustment delayed, held over from June 1.	Nov 1, 2014
Lean Ground Beef	Cargill – Better Beef	+1.7%	Tight supply in beef market.	Nov 1, 2014
Medium Ground Beef	Cargill – Better Beef	+0.7%	Tight supply in beef market.	Nov 1, 2014
All Butter Frozen Pastry Products Only	Bridor Inc.	+4%	Due to increased raw material costs.	Nov 1, 2014
Beef Burgers	Cardinal Meats	+20%	Resulting from protein market conditions.	Nov 1, 2014

CPS CONTACT INFORMATION

Corporate Office/ Ontario Regional Office P.O. Box 253, Station "U" Toronto, ON M8Z 5P1 Toll Free: 1.800.331.9433 Fax: 416.255.6628 Toll Free Fax: 1.888.255.6628	Atlantic Regional Office 73 Veysey Road Lower Kingsclear, NB E3E 1M6 Phone: 506.363.3433 Toll Free Phone: 1.888.683.0111 Fax: 506.363.1121	Western Regional Office 1-1585 Cliveden Avenue Delta, BC V3M 6M1 Phone: 604.521.5727 ext. 221 Toll Free: 1.888.638.9988 ext. 221 Fax: 604.540.0511	eCPS Client Services 1.866.694.eCPS(3277) eCPS Culinary and Menu Services 1.866.604.MENU(6838) Website www.eCPS.ca
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2014 COMPLETE Education Webcast



Therapeutic Relationships

Client and caregiver relationships are an integral part of the success of care delivery. Trusting relationships can bring the client a sense of wellness and security, so it is not unusual for the client to become personally attached to caregivers, feeling the caregiver's joy and pains. However, when the client and caregiver relationship breaches confidentiality and professional conduct it compromises a healthy and therapeutic expression of relationship.

In this workshop, Jayne Harvey will explore therapeutic relationships in the care setting while assisting the caregiver to understand "red flags" that may indicate when boundaries are being crossed.

Learning Outcomes:

Join Jayne Harvey to...

- Define "therapeutic relationship"
- Identify when the relationship oversteps boundaries of:
 - Confidentiality
 - Parameters of professional roles
 - Appropriate topics
- Establish self-assessment questions to measure the nature of the relationship
- Learn how to say "no" within healthy and compassionate relationships

Speaker:

Jayne Harvey is the owner/CEO of FCS International. An RN with over 25 years experience primarily in senior care, the variety of her involvement ranges from community care to retirement & LTC. Jayne's entertaining and energetic workshops provide practical tools that equip participants to meet their workplace challenges.

Date & Time:

Thursday November 6, 2014

Province	BC	AB	SK, MB	ON	NS, NB, PE	NL
Local Webcast Time	12:30 pm	1:30 pm	2:30 pm	3:30 pm	4:30 pm	5:00 pm

How to Register & Participate:

Option 1: Manual Registration

1. Click on the registration button (below) and fill out the required fields
2. You will receive an e-mail confirmation which includes the Webcast access link

Option 2: Seamless Registration via eCPS

1. **If your eCPS user profile contains a valid e-mail address, all you need to do is click on the event link posted in the Seminars section of eCPS and you will automatically be registered. *It's that simple!***
2. You will receive an e-mail confirmation which includes the Webcast access link

Click here to [register](#) & participate in the
COMPLETE Education Webcast: Therapeutic Relationships

Can't attend the live webcast? Register anyway! ON24 will send all registrants & participants a recording of the webcast.

ON24 Webcast Requirements

- A computer with high-speed internet connection
 - An LCD projector and screen*
 - Working speakers or headphones for your computer
 - A quiet space
- *Recommended if more than 1 person is participating*

“Therapeutic Relationships”



Description:

Client and caregiver relationships are an integral part of the success of care delivery. Trusting relationships can bring the client a sense of wellness and security, so it is not unusual for the client to become personally attached to caregivers, feeling the caregiver's joy and pains. However, when the client and caregiver relationship breaches confidentiality and professional conduct it compromises a healthy and therapeutic expression of relationship.

In this workshop, Jayne Harvey will explore therapeutic relationships in the care setting while assisting the caregiver to understand “red flags” that may indicate when boundaries are being crossed.

Learning Outcomes:

- Define “therapeutic relationship”
- Identify when the relationship oversteps boundaries of:
 - Confidentiality
 - Parameters of professional roles
 - Appropriate topics
- Establish self-assessment questions to measure the nature of the relationship
- Learn how to say “no” within healthy and compassionate relationships

Speaker:

Jayne Harvey is the owner/CEO of FCS International. An RN with over 25 years experience primarily in senior care, the variety of her involvement ranges from community care to retirement & LTC. Jayne’s entertaining and energetic workshops provide practical tools that equip participants to meet their workplace challenges.

Location:

Date:

Thursday November 6, 2014

Time:

Province	Local Webcast Time
BC	12:30 pm
AB	1:30 pm
SK, MB	2:30 pm
ON	3:30 pm
NS, NB, PE	4:30 pm
NL	5:00 pm

COMPLETE Menu Program Webcasts - Fall 2014

Schedule & Registration Buttons (Note: times below are in Eastern Standard Time):

Webcast 1: MenuBuilder Training – Customize Your Week at a Glance Menu (LTC & Hospitality)	Tuesday November 4 2:00 pm	Wednesday November 5 2:00 pm	Thursday November 6 4:00 pm
Webcast 2: MenuBuilder Training – Customize A Therapeutic Menu (LTC only)	Tuesday November 11 2:00 pm	Wednesday November 12 2:00 pm	Thursday November 13 4:00 pm
Webcast 3: MenuBuilder Training – Customize Production Sheets & Recipe Binders (LTC & Hospitality)	Tuesday November 18 2:00 pm	Wednesday November 19 2:00 pm	Thursday November 20 4:00 pm

Webcast 1: MenuBuilder Training – Customize Your Week at a Glance Menu (LTC & Hospitality)

In this session learn how to...

- Change a WAAG (Week at a Glance) by substituting, deleting, or adding recipes (menu items)
- Customize the names of recipes for your menu postings
- Print your newly customized menu for posting (i.e. Week at a Glance, Day at a Glance)
- View & print the updated nutritional calculations and cost reports

Estimated webcast length: 40 minutes

Webcast 2: MenuBuilder Training – Customize A Therapeutic Menu (LTC only)

In this session learn how to...

- Change a therapeutic menu by substituting, deleting, adding, or re-sequencing recipes
- Customize the names of recipes on your therapeutic menu postings, and the number of therapeutic diets displayed
- Add new therapeutic diets as needed
- Print your newly customized therapeutic menus for posting
- View & print your updated nutritional calculations and cost reports for each customized therapeutic menu

Estimated webcast length: 40 minutes

Webcast 3: MenuBuilder Training – Customize Production Sheets & Recipe Binders (LTC & Hospitality)

In this session learn how to...

- Configure production sheets by adding or deleting columns, as well as personalizing dining room names
- Export production sheets into a PDF or Excel format
- Configure your recipe binder by creating a staple recipes file
- Scale standardized recipes in your recipe binder (up to 6 yields)
- Export recipe binder into a PDF format

Estimated webcast length: 30 minutes

Option 1: Seamless Registration via eCPS

1. If your eCPS user profile contains a valid email address, all you need to do is click on the event link posted in the Seminars section of eCPS and you will automatically be registered. *It's that simple!*
2. You will receive an email confirmation which includes the Webcast access link

Option 2: Manual Registration

1. Click on the registration buttons (above) with your desired date & time.
2. Fill out the required fields
3. You will receive an email confirmation which includes the Webcast access link

COMPLETE Menu Program Hotline:
1.866.640.MENU(6368)

Hours of Operation:
Monday – Friday
8:30 – 4:30pm EST

Website:
eCPS.ca

