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# **Best Practices in Seniors Home Care: International Forum**

METROPOLITAN HOTEL | 645 HOWE STREET, VANCOUVER, BC JANUARY 15, 2014 | 9 A.M. – 4 P.M. NETWORKING DINNER 7 – 10 P.M. | DIVA RESTAURANT & BAR

# **OBJECTIVE**

This Forum will bring government and health authority leaders and select BC researchers together with international experts in research and policy for a focused discussion on best practices in home care for seniors

## BACKGROUND

As expressed in the Ministry's Seniors Action Plan that was launched in February 2012, the provincial government is committed to modernize our home and community care system. This includes a review of best practices of seniors' home care in other jurisdictions. The British Columbia Ministry of Health and the Michael Smith Foundation for Health Research are partnering on a forum that will allow stakeholders in British Columbia to hear from other jurisdictions about how they are addressing our shared challenge of providing sustainable home care for seniors. The Forum will provide an opportunity for understanding what changes other jurisdictions have made and the impact of those changes. We want to bring government, health authority leaders and British Columbia researchers together with international experts in research for a focused discussion on the best practices in home care for seniors.

Among the questions of interest are:

- What have been the main driving forces for reforms in home care for seniors and what have been the reform strategies?
- What changes are underway in how home care is organized, financed, provided, governed and regulated, and assessed?
- What evidence exists in other jurisdictions to show the impact of system-level policy changes (e.g., structure, financing) to home care and to the outcomes for seniors and their caregivers?

AGENDA		
8 – 9 am	Registration and Breakfast*	
9:00 – 9:30 am	Welcome and Introduction's	Diane Finegood CEO MSFHR
		Heather Davidson Assistant Deputy Minister BC Ministry of Health
		Nancy Rigg
		Forum facilitator
9:30 - 10:15	Home care re-ablement services in England, Scotland, and Wales.	Gerald Pilkington
10:15 - 11:00	Restorative care and preventative care approaches in Australia	Gill Lewin
11:00 - 11:15	Break – light refreshments available	
11:15 – 12:00	Review of the Nordic system. Improving and measuring quality – ensuring efficient use of resources in Denmark. The inter- linking of health and social care tasks through home care personnel training in Finland.	Virpi Timonen
12:00 – 1:00 pm	Lunch	
1:00 – 1:45 pm	Integrated community care system in Japan, a new system implementation and the role of the care manager.	Ryutaro Takahashi
1:45 - 2:30 pm	Benefits and challenges of Italy's long-term care system and recent reform proposals.	Giovanni Lamura
2:30 – 2:45 pm	Break – light refreshments available	
2:45 – 3:30 pm	Introduction to home care in Germany. Variations in cash payment and integrated care services, and policy development for individuals with dementia.	Hildegard Theobald
3:30 – 4:00 pm	Reflections and next steps	Facilitated discussion

\*A hot breakfast, coffee, and tea will be available

#### **SPEAKERS**

#### Mr. Gerald Pilkington

Gerald Pilkington has over 28 years of experience working in health and social care across the independent sector (acute, long-term care and rehabilitation) and National Health Services. From November 2005 until March 2011 Gerald was the national lead for homecare re-ablement within the Care Services Efficiency Delivery programme at the Department of Health, England, supporting 152 English local authorities to achieve their efficiency targets within adult social care. Working with services, and academic research teams, he built the most comprehensive body of evidence of the effectiveness of homecare re-ablement within the UK. Gerald continues to work with a range of public, for-profit and not-for-profit organisations to help them establish services and enhance existing services so that they maximise the benefits for both the clients and funding authorities. He also undertakes work to assist Extra Care and Telecare services.

#### **Dr. Gill Lewin**

Gill Lewin currently holds two positions, Research Director at Silver Chain and Professor of Ageing at Curtin University of Technology. Gill has been working in health and aged care research since joining Silver Chain to manage their Research Department twenty years ago. During this time she has been involved, both on her own and in collaboration with many other providers and researchers, in a large number of projects. Her particular research interests are the development and testing of service models that promote independence and evidence-based clinical practice.

#### Dr. Virpi Timonen

Virpi Timonen is Professor of Social Policy and Ageing at Trinity College Dublin, Ireland, and Adjunct Professor of Social and Public Policy at the University of Jyväskylä, Finland. She is a graduate of the University of Durham (BA, 1995), and the University of Oxford (MPhil, 1997 and DPhil, 2001). She was first appointed in Trinity College Dublin in 2003, and established the Social Policy and Ageing Research Centre in 2005. Prof Timonen has published over 60 peer-reviewed articles and chapters on social gerontology and welfare state responses to population ageing in leading international journals and books. She has authored five books, including a comparative study of home care in Denmark, the US and Germany, and co-edited the first book on grand parenting practices across the world. Prof Timonen has supervised to successful completion the first seven PhDs to have graduated in social gerontology in Trinity College Dublin, and is currently supervising four PhD students. She has designed six new undergraduate courses and authored *Ageing Societies*, a major undergraduate textbook. Alongside and related to her academic publications, Prof Timonen has made influential contributions to policy formulation and critique in the area of long-term care services, in particular home care provision in Ireland and other European countries.

# Dr. Ryutaro Takahashi

Ryutaro Takahashi graduated from Kyoto university school of medicine in 1976, and trained as an internal medicine resident at the department of geriatric medicine in Kyoto university hospital and Tokyo metropolitan geriatric hospital. He worked as a specialist of diabetes for more than 10 years at Tokyo metropolitan geriatric hospital, and has an experience working in a small village hospital in rural Japan. In 1995, he started research at the Tokyo Metropolitan Institute of Gerontology. His main area of research is focused on quality of life and end of life care for frail older people. Dr. Takahashi is now conducting a study on promotion of Advanced Directive among community-dwelling older people.

## Dr. Giovanni Lamura

Giovanni Lamura is a social gerontologist with an international and interdisciplinary background, working at INRCA (Italian National Institute of Health and Science on Ageing) since 1992. He graduated in economics in Italy in 1990; obtained a PhD in "Life course and social policy" at Bremen University (Germany) in 1995; was visiting fellow in 2006-07 at the University of Hamburg-Eppendorf (Germany); and research director of the pillar "health and care" of the European Centre for Social Welfare Policy and Research in Vienna (Austria) in 2010-11. He has gained experience in international research projects mainly focused on family and long-term care of dependent older people; work-life balance; migrant care work; prevention of elder abuse and neglect; ICT-based initiatives to support informal carers; intergenerational solidarity; interdisciplinary research on ageing in general.

### **Dr. Hildegard Theobald**

Hildegard Theobald is Professor of Organizational Gerontology at the University of Vechta, Germany. In her research on home care she focuses on cross-country comparisons of long-term care policies, the intersection of national and international policy developments and its effects on professional care services, care users, care-givers and care workers. She participated in several international comparative projects on home care development, home care reforms or home care for older adults at risk of marginalization. Furthermore, she was involved in projects related to international policy advice to Spain, Japan or France. With two colleagues – Viola Burau and Robert H. Blank - she wrote a monograph on "Governing Home Care – a Cross- National Comparison" published by Edward Elgar in 2007.