

Climate Change Preparedness: Safeguarding Our Seniors

Guidelines:

- Climate Resilience Guidelines for BC Health Facility Planning & Design:
<https://bcgreencare.ca/resource/hf-climate-resilience-guidelines/>
- Organizational Readiness Playbook for Sustainability:
<https://cascadescanada.ca/resources/organizational-readiness-playbook/>
- Returning home after an evacuation:
<https://www.interiorhealth.ca/stories/returning-home-after-evacuation>
- Emergency preparedness resources by Interior Health:
<https://www.interiorhealth.ca/health-and-wellness/natural-disasters-and-emergencies/emergency-preparedness>
- Extreme Heat Preparedness Guide by PreparedBC:
 - <https://www2.gov.bc.ca/gov/content/safety/emergency-management/preparedbc/guides-and-resources>
 - https://www2.gov.bc.ca/assets/gov/public-safety-and-emergency-services/emergency-preparedness-response-recovery/embc/preparedbc/preparedbc-guides/preparedbc_extreme_heat_guide.pdf
- WorkSafeBC Emergency Evacuation Planning Checklist:
<https://www.worksafebc.com/en/resources/health-safety/information-sheets/emergency-evacuation-planning-workplace?lang=en>

Reports:

- Climate and Health in British Columbia: From Risk to Resilience
<https://climatereadybc.gov.bc.ca/pages/health>
- 2023 Medical Health Officer (MHO) Report: Climate Change, Health and Well-being:
<https://www.interiorhealth.ca/health-and-wellness/environmental-health-and-hazards/climate-change-and-your-health/climate-change-hazards-and-health>

Useful Articles:

- How to protect yourself from poor air quality & wildfire smoke:
<https://www.interiorhealth.ca/stories/how-protect-yourself-poor-air-quality-wildfire-smoke>
- Natural Disaster Champions: West Kelowna evacuation a team effort:
<https://www.interiorhealth.ca/stories/natural-disaster-champions-west-kelowna-evacuation-team-effort>
- How to check air quality in your area:
<https://www.interiorhealth.ca/health-and-wellness/environmental-health-and-hazards/air-quality>
- DIY Air Cleaners by BC Lung Foundation:
<https://bclung.ca/lung-health/air-quality/breathe/>
- Emergency Kit:
<https://www2.gov.bc.ca/gov/content/safety/emergency-management/preparedbc/build-an-emergency-kit-and-grab-and-go-bag#grab-and-go>

SafeCare BC Resources:

- **Safety Huddle - Extreme Heat:**
<https://safecarebc.ca/resources/huddles/keeping-staff-safe-in-the-heat/>
- **Safety Huddle - Communicating with Staff During Extreme Weather**
<https://safecarebc.ca/resources/huddles/communicating-with-staff-during-extreme-weather/>
- **Poster – Hot Weather Tips:**
<https://safecarebc.ca/resources/posters/summer-is-here-and-so-are-its-hazards-2/>
- **Checklist - Orientation for Displaced Workers”**
<https://safecarebc.ca/resources/checklists/orientation-checklist-for-displaced-workers/>
- **What Employers Need to Know**
<https://safecarebc.ca/resources/assorted/emergency-preparedness-what-employers-need-to-know/>