

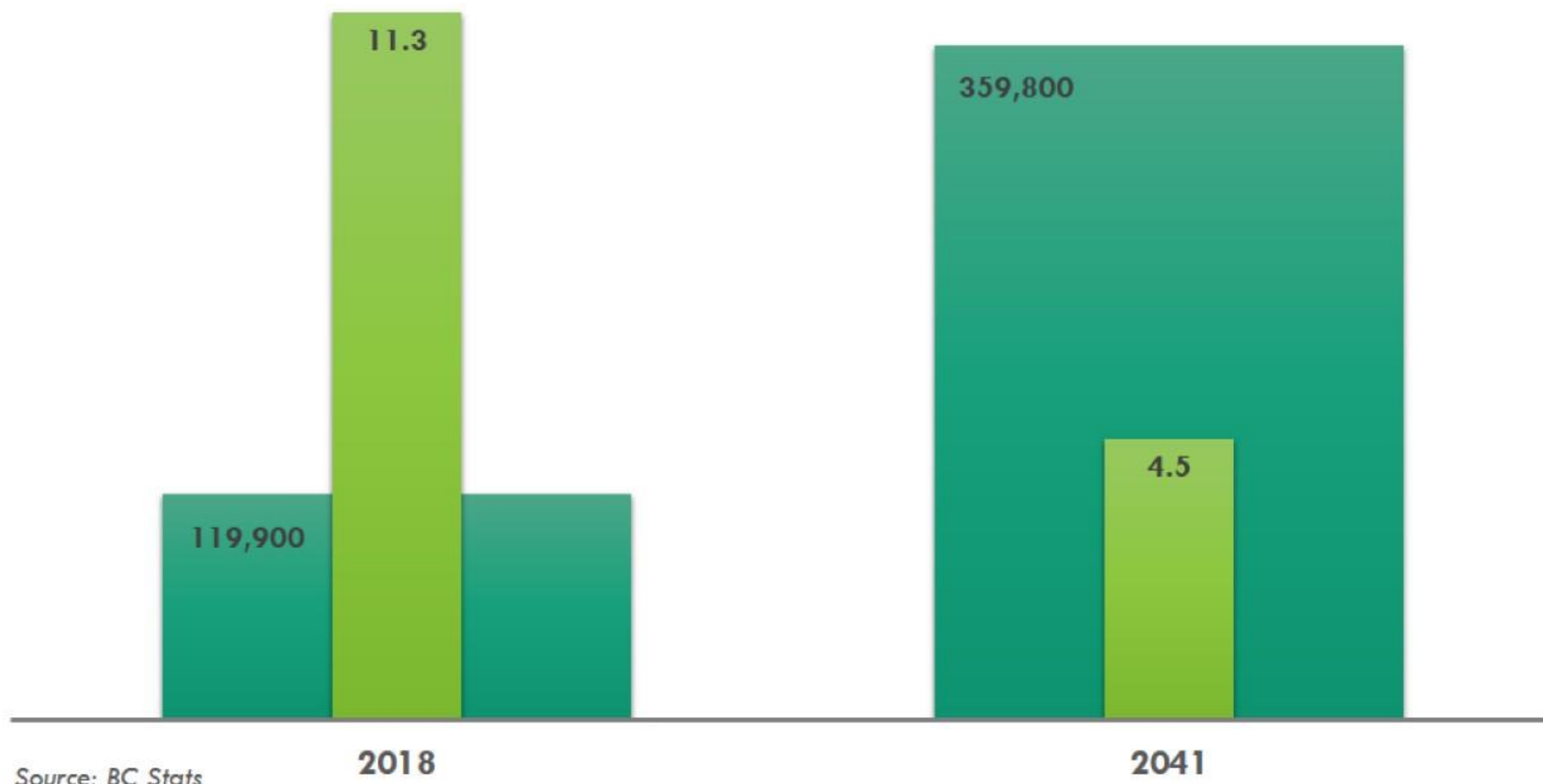
Dissecting the Industry by the Numbers

by Kate Mancer, Rita Thibault, and Celeste Mullin



Demographic Patterns 85+, BC

■ 85+ Population BC ■ Number of Adult Children Per Person Aged 85+



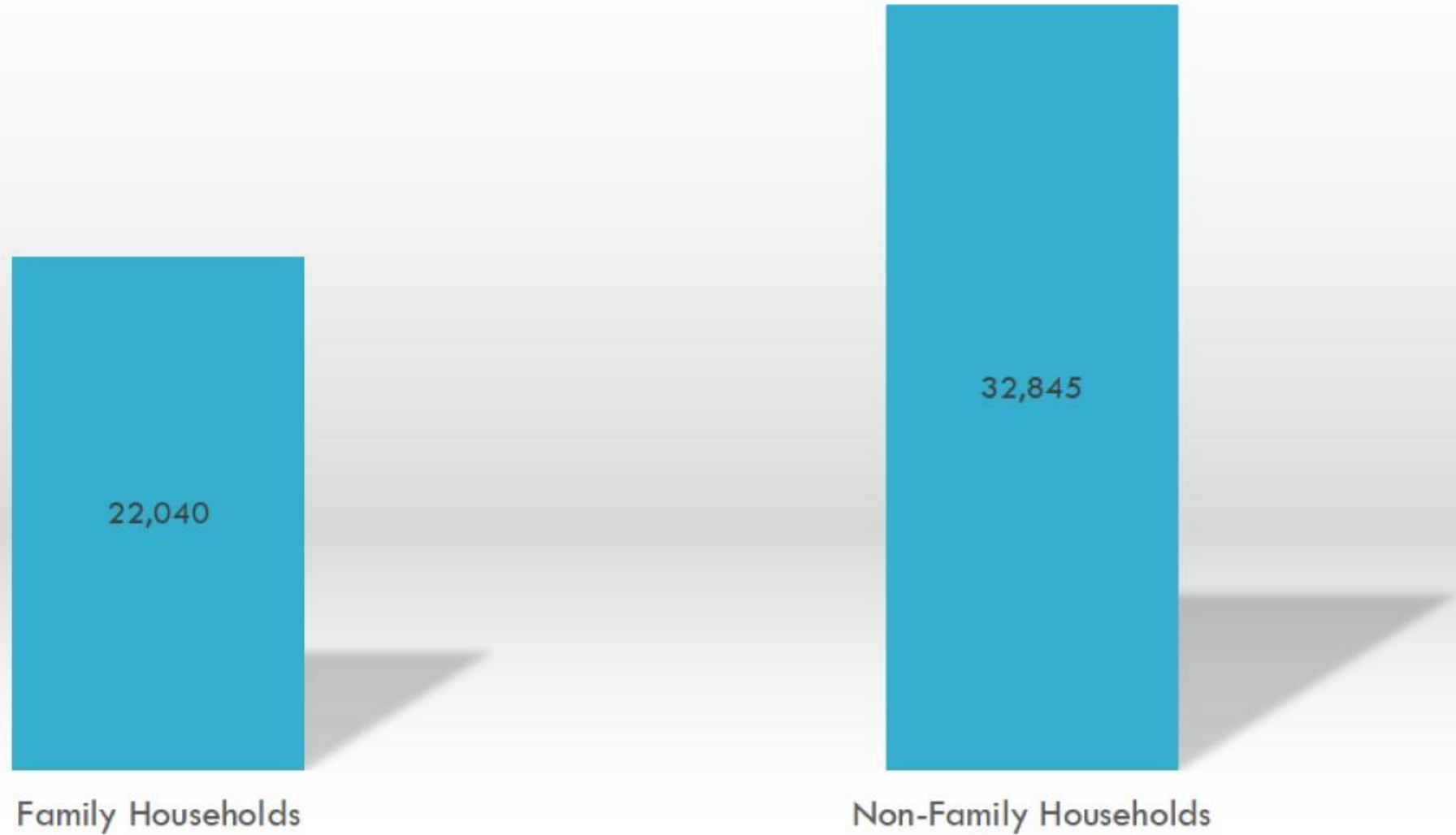
Source: BC Stats

60,000 new beds by 2041



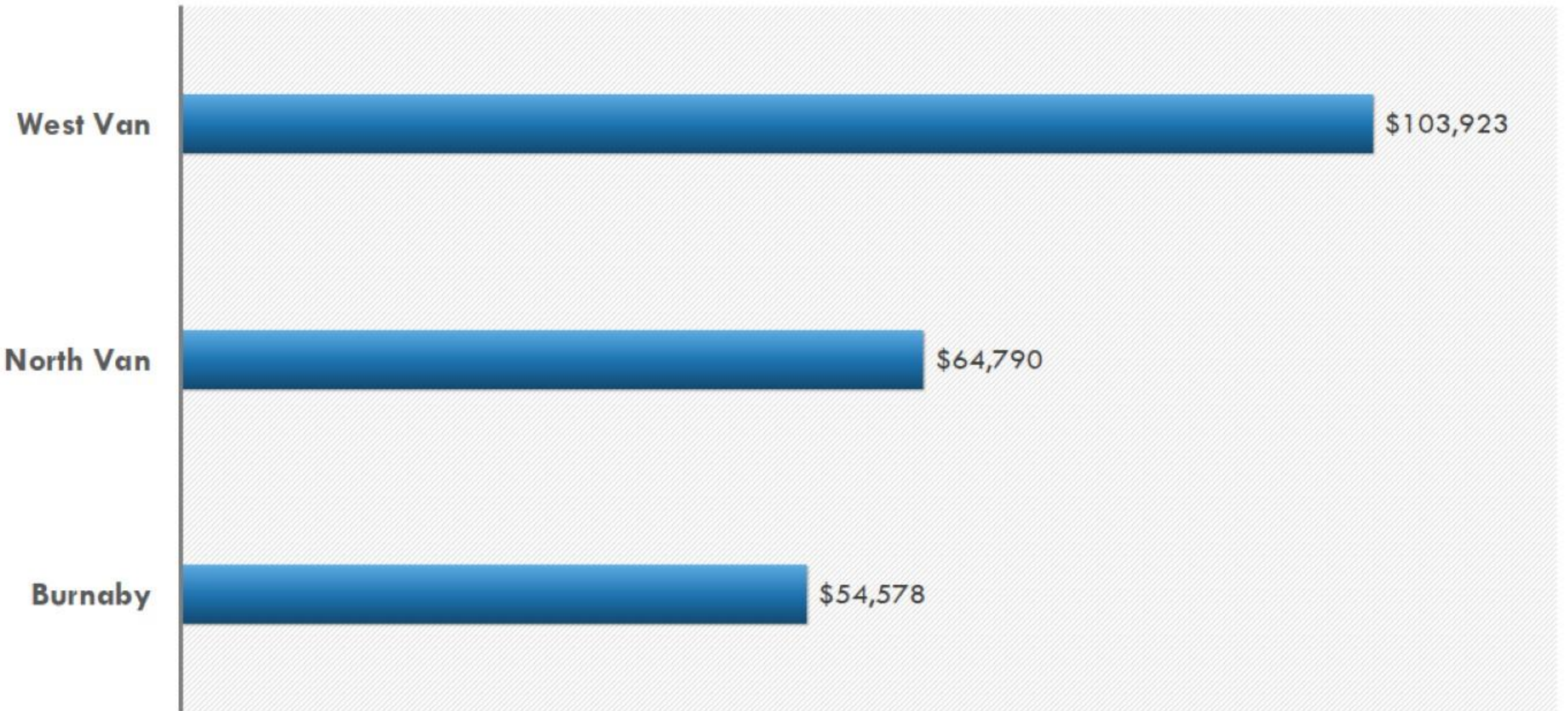
\$16.5 Billion

Household Status, 85+ Households, BC



Source: Statistics Canada, Census 2016

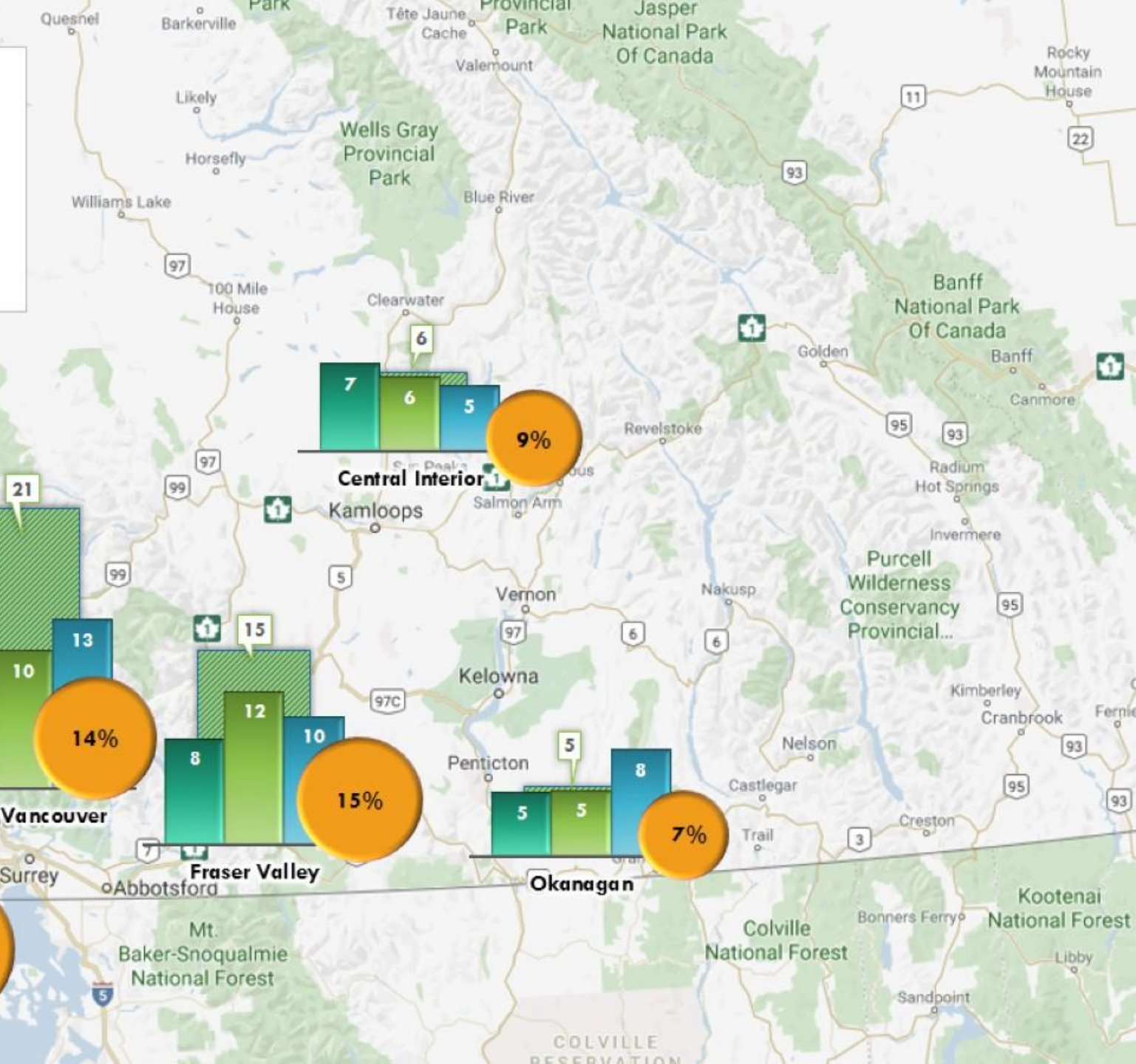
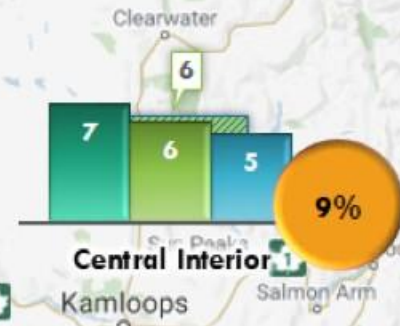
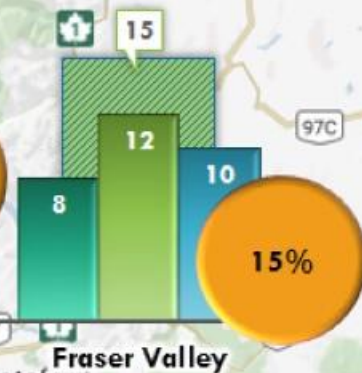
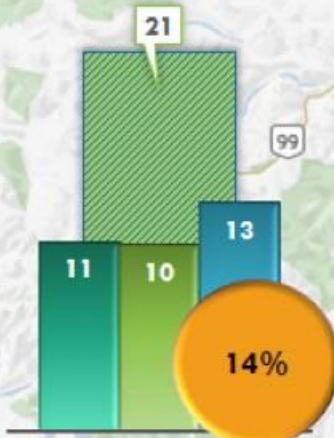
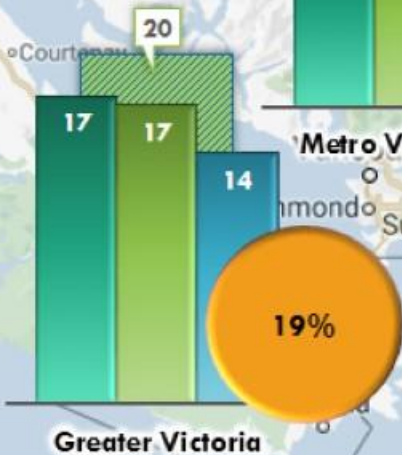
Average Income, 85+ households



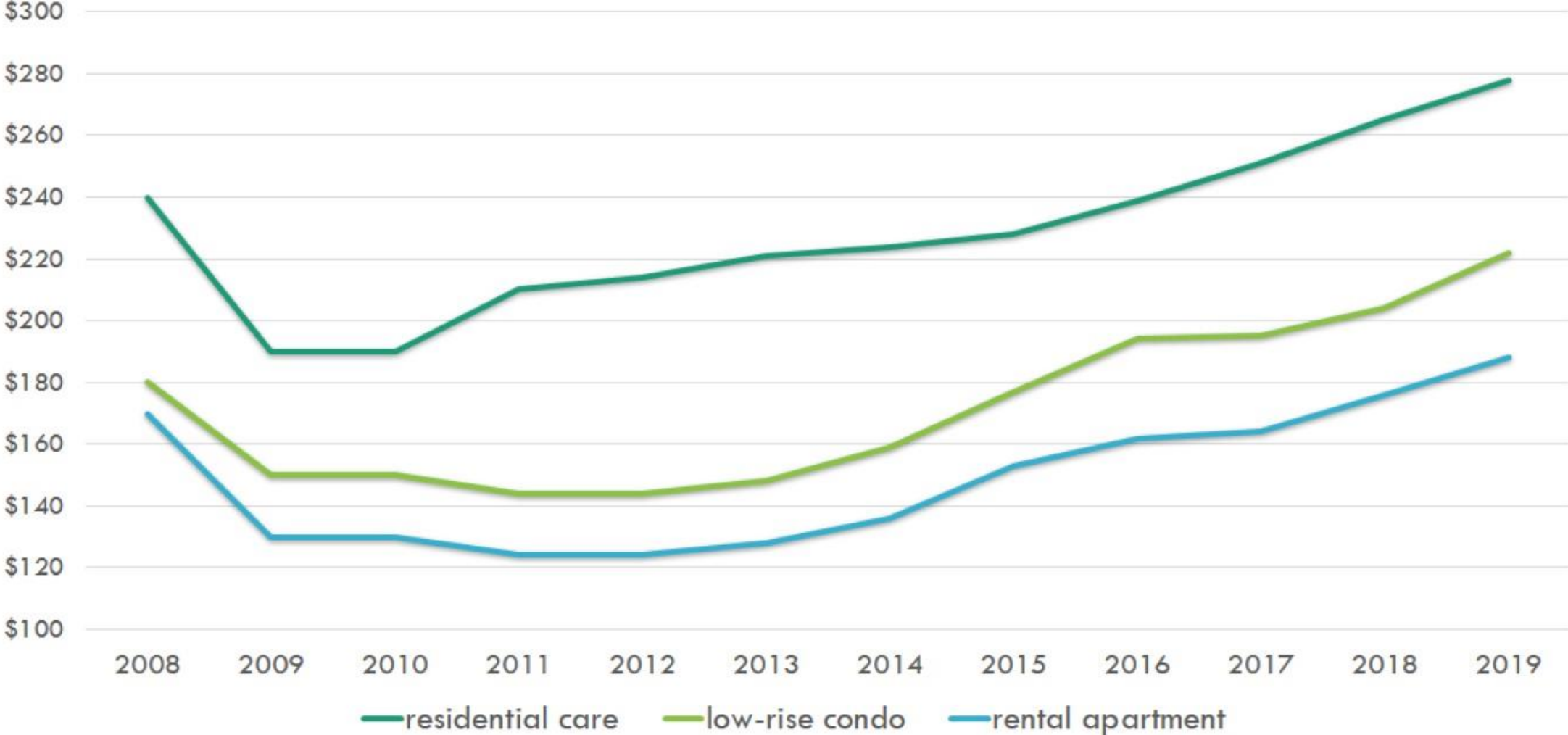
Source: Statistics Canada, Census 2016

Private-pay LTC Beds per 1,000 seniors aged 75+

■ 2014
 ■ 2019
 ■ 2024
● Proportion private-pay LTC



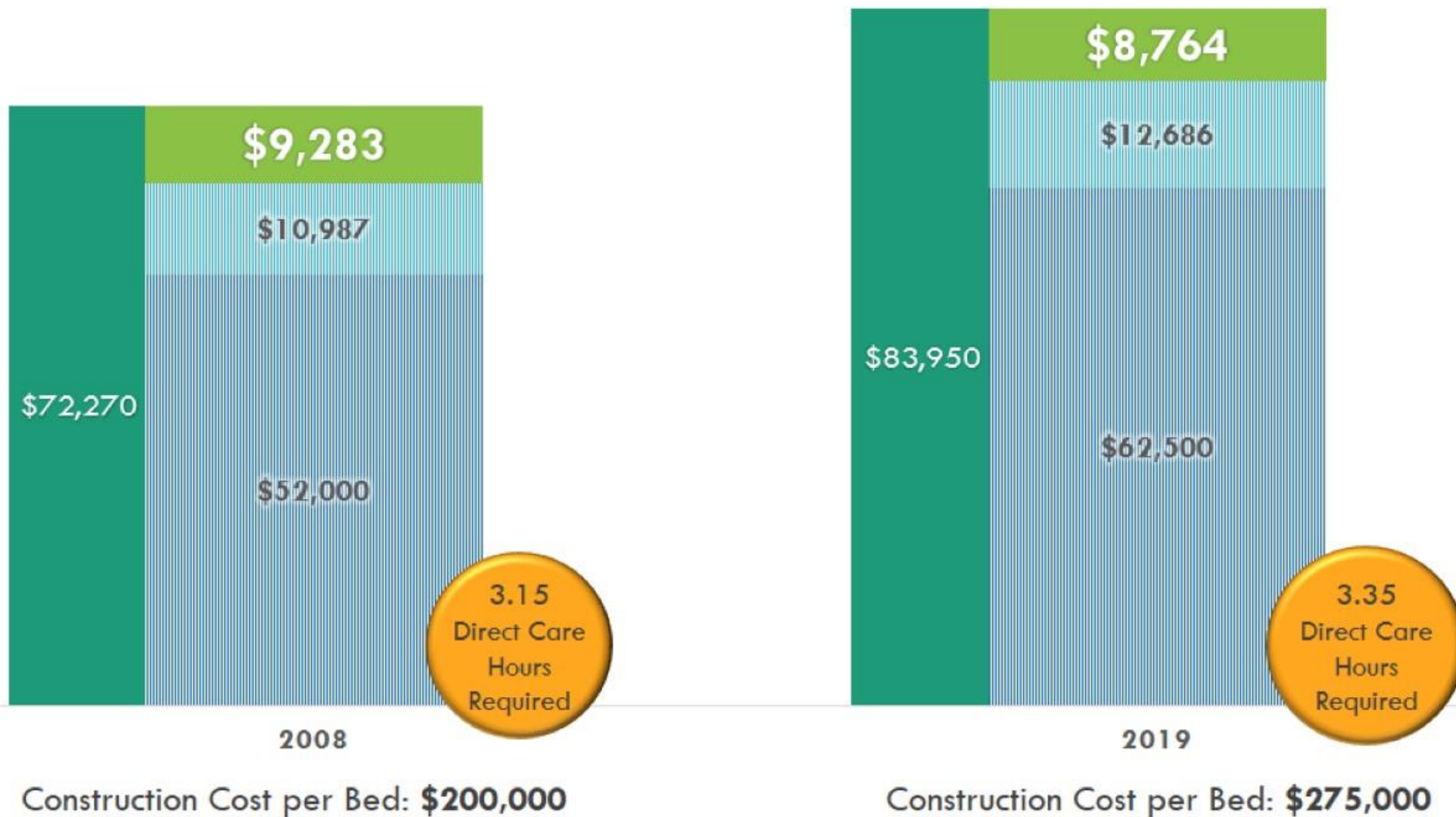
BTY Construction Cost Index British Columbia



Source: BTY

Income Calculations (per Bed)

■ Funding (incl. Co-payment) ■ Operating Expenses ■ Debt Service ■ Income after Debt Service



Laurier Houses, Edmonton – an Innovative Model



Ad for the Lauriers in the Capital Care newsletter

Person-centred care at Lynnwood takes just a few minutes a day

STAFF ON TWO different units at CapitalCare Lynnwood are finding it doesn't take much time to give person-centred care, and that the time they spend with residents leads to real good moments for both staff and residents.

On a Parker Pavilion, care manager Jan Cooper encourages staff to dedicate an extra few minutes of meaningful, person-centred care each day to a resident who isn't on their care list. Cooper calls her initiative the 3-Minute Plan.

"I want to give staff permission to step away from tasks and engage in personal interactions that aren't part of their usual nursing care," explains Cooper. Staff interact with residents by looking at pictures, building puzzles and enjoying walks. In the meantime, Cooper expands the plan to allow for a 10-minute walk outside each day.

Staff record their minutes during each shift and Cooper adds up all the minutes at the end of each month. The goal was to reach 10,000 minutes of extra person-centred care by September 30. Cooper's team proudly accomplished 24,415 minutes, or 410 hours.

"Full-time staff members can accumulate up to 100 minutes a month," says Cooper. "It makes staff feel good and residents love the attention."

Staff on JIP have integrated the 3-Minute Plan into their daily routines and continue to build meaningful relationships, minute by minute, with residents. Now staff on JIP are trying out the 3-Minute Plan too.

On a Lynnwood Pavilion, care manager Diane Munch is experimenting with ways to engage residents whose higher degree of cognitive impairment can prove challenging.

For 15 minutes one day in April, July and November, frontline and professional staff, including SCAs, LPs, RNs, unit clerks, CUSTARSA, were scheduled in two shifts to meet residents in the dining room. Their only task was to reminisce, look at photos or complete some sensory activity.

"The residents and staff both enjoyed the time together," says Munch. "The staff learned things about the residents that they did not know and there were smiles all around."

Munch herself participated in the activity and experienced what dementia care expert David Sheward calls "butterfly moments."

"I was making a craft with a lovely lady with early-stage dementia who normally doesn't speak," Munch recalls. "As I was showing her stickers and asking which ones she liked, she nodded, tried to speak and smiled. The smile was so incredible that it brought tears to my eyes and that moment will live in my memory forever. That was my butterfly moment."

"I would like to see this type of interaction happen once every two months, then hopefully more," says Munch.

Bernadette DeSantis, Communications Manager
CapitalCare Corporate Services



Staff and residents on Unit JIP at CapitalCare Lynnwood are all smiles as they experiment with ways to give person-centred care into their free time. In the photo above, LP Heidi Foster and Mary Hilsenrath reminisce over a fashion magazine, and in the photo below Frank Trueter and Jane Taylor discuss the topic of a book.





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www.capitalcare.net



Celebrating centenarians

CAPITALCARE LYNNWOOD JIP resident Georgette Beale celebrated her 101st birthday with six of her eight children on September 5. Georgette was born a month after the British Empire, including Canada, entered into the First World War. She was a homemaker on a farm in Marquette, AB, and is very proud of her Scottish heritage. In the photo she is wearing her Anderson tartan scarf. Photo and caption supplied by daughter Sandra Weissenberger (2nd from right).

75+ Population Growth



2014 to 2019



2019 to 2024



Vancouver Island



Greater Victoria



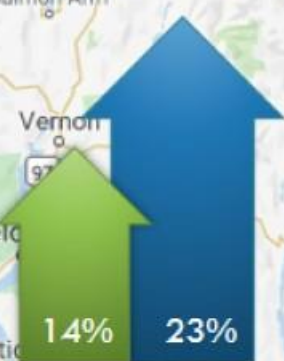
Metro Vancouver



Fraser Valley



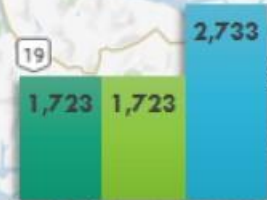
Central Interior



Okanagan

Private-pay IL/AL Unit Inventory

■ 2014 ■ 2019 ■ 2024



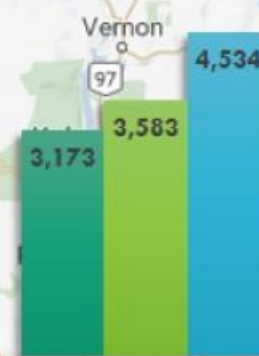
Vancouver Island



Metro Vancouver



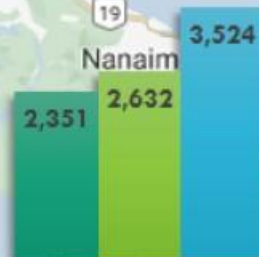
Central Interior



Okanagan



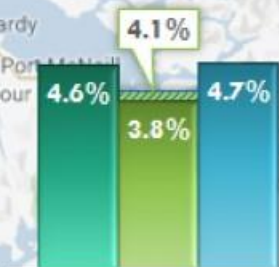
Fraser Valley



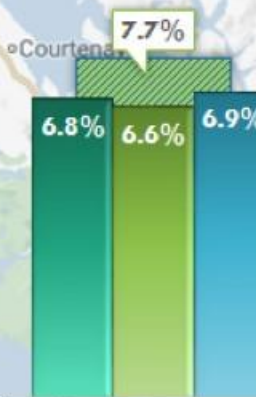
Greater Victoria

75+ Private-pay IL/AL Saturation Rates

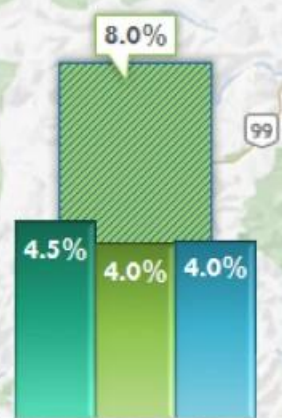
2019 Adjusted 2014 2019 2024



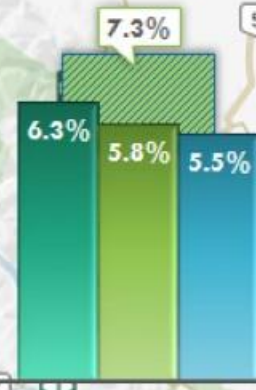
Vancouver Island



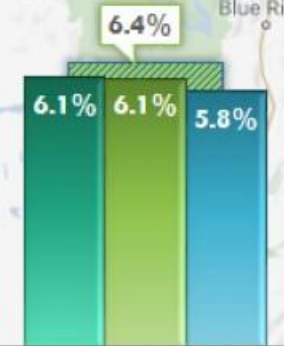
Greater Victoria



Metro Vancouver



Fraser Valley



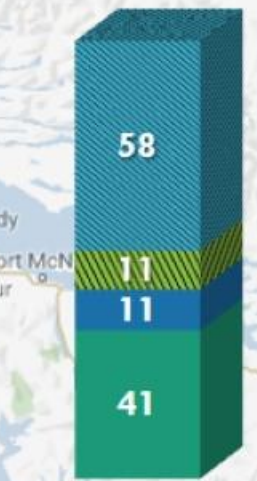
Central Interior



Okanagan

Units per 1,000 Seniors Aged 75+

- private-pay IL/AL
- private-pay beds
- ▨ funded AL
- ▨ funded beds



Vancouver Island

Private-pay: 52
Total: 121



Greater Victoria

Private-pay: 83
Total: 164



Metro Vancouver

Private-pay: 50
Total: 121



Fraser Valley

Private-pay: 70
Total: 151



Metro Vancouver

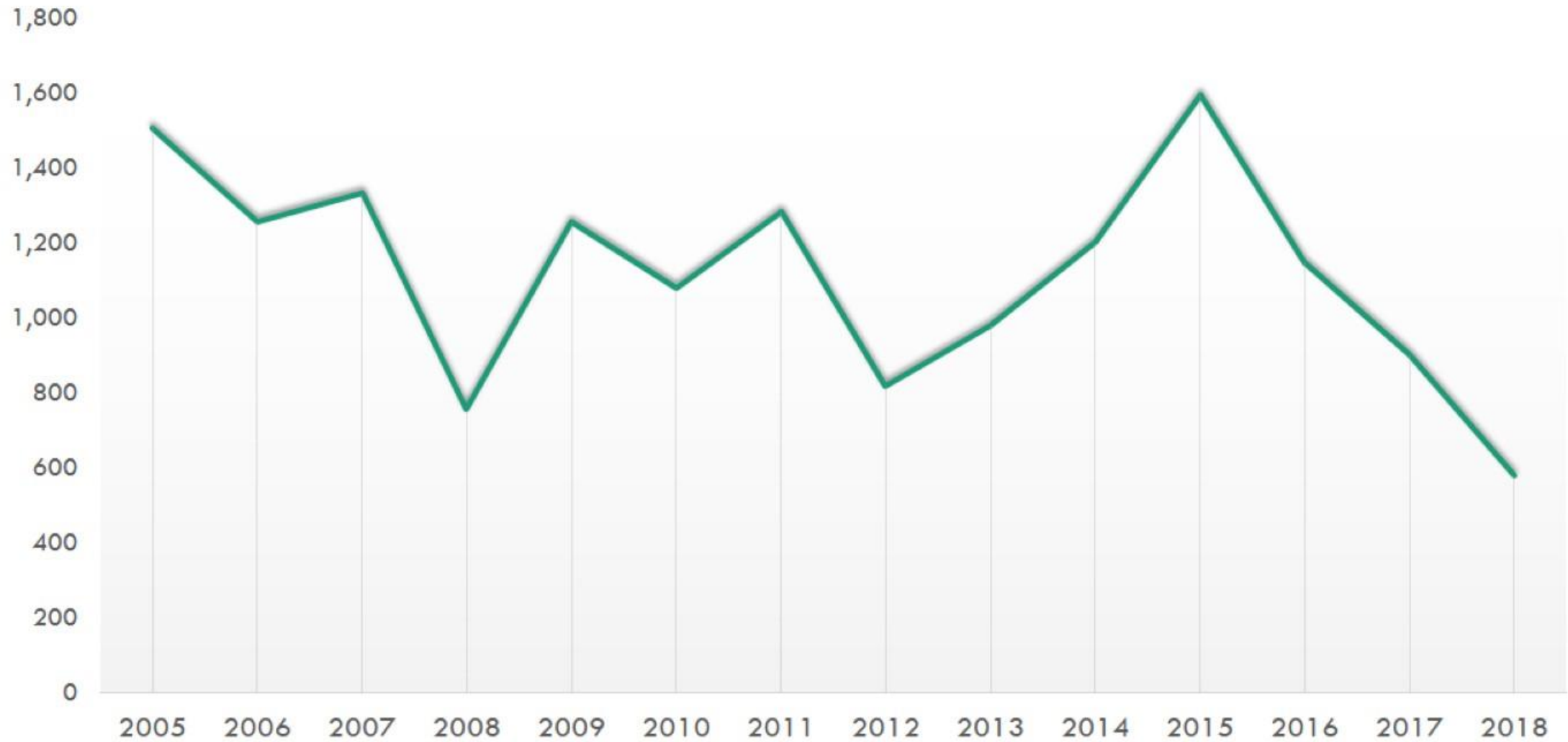
Private-pay: 73
Total: 144



Okanagan

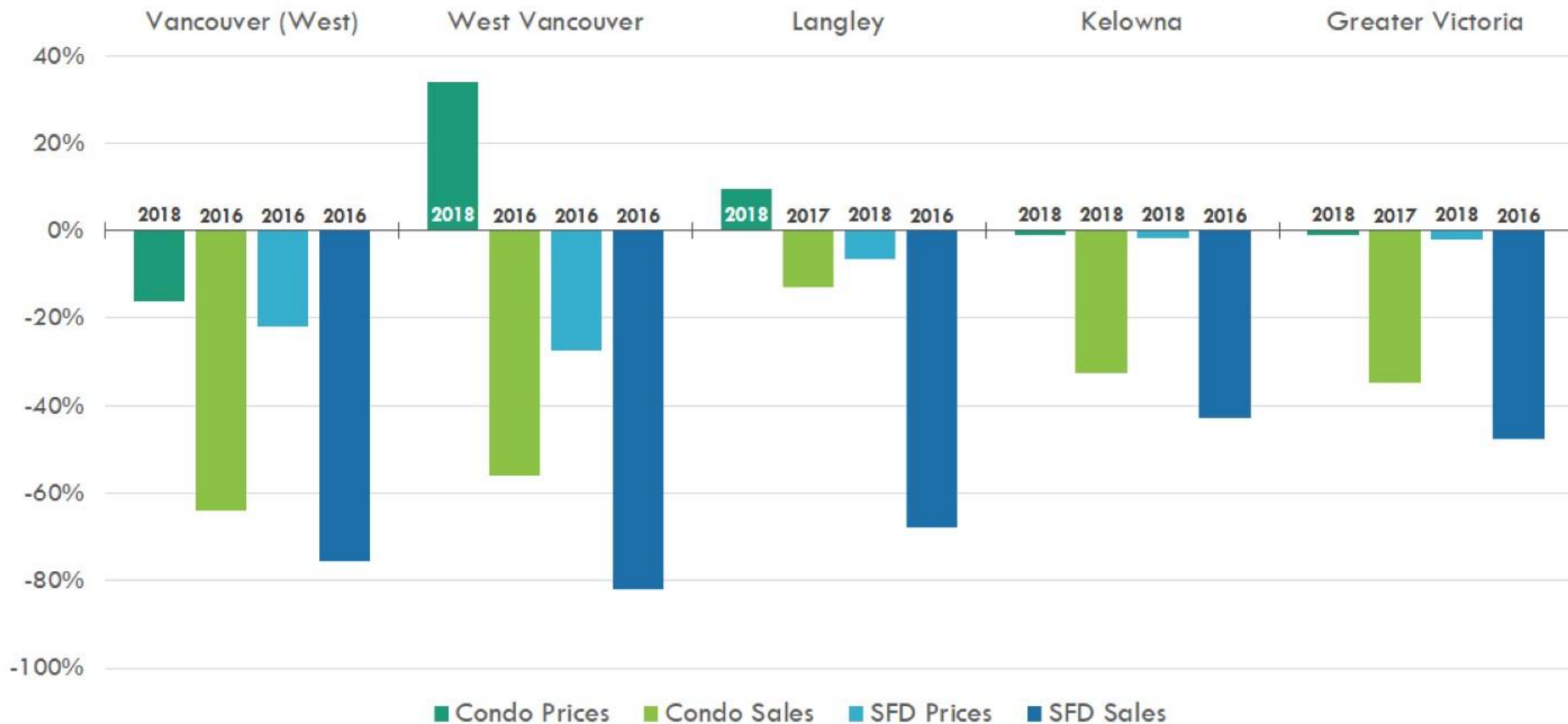
Private-pay: 93
Total: 169

Number of MLS Detached Sales Burnaby 2005-2018



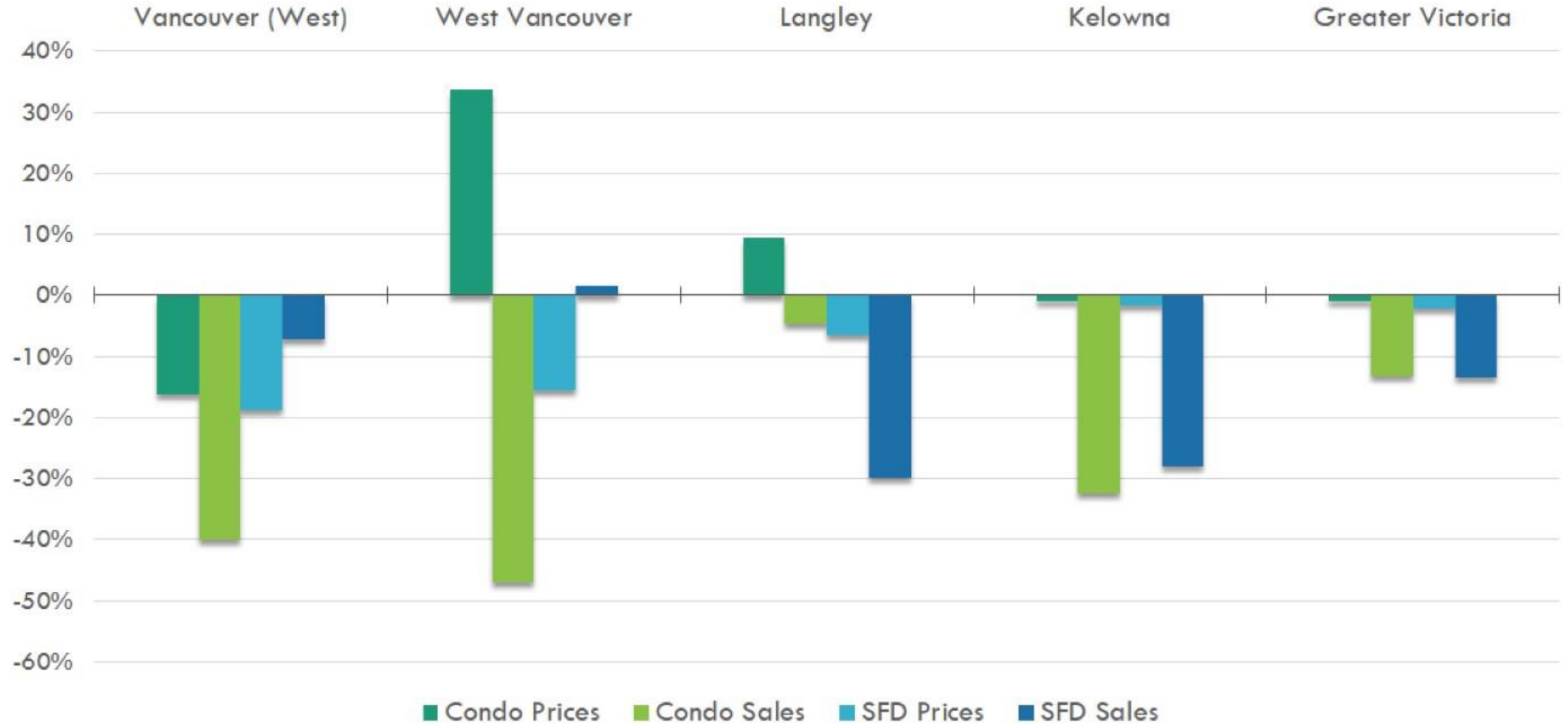
Source: Real Estate Board of Greater Vancouver

Average Price and Sales Volumes Changes, Peak to 2019, Q1



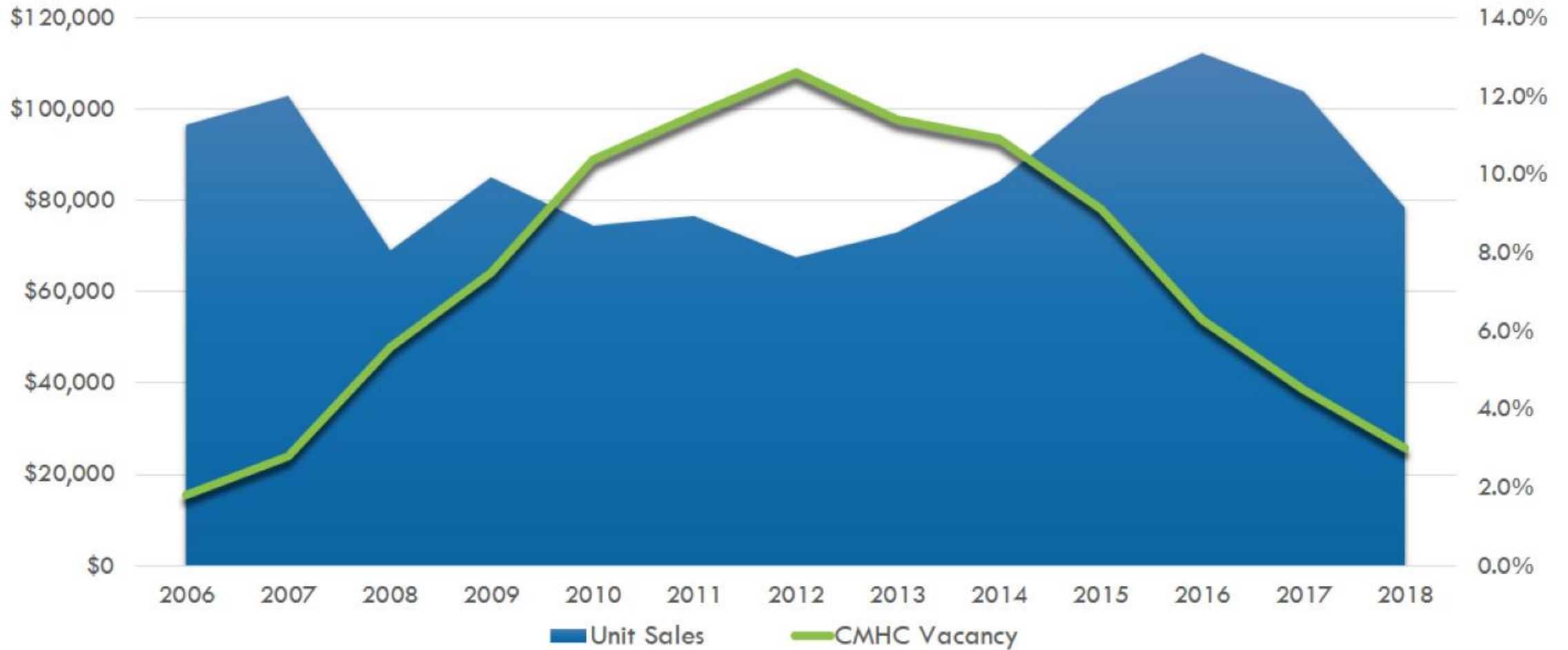
Sources: Real Estate Board of Greater Vancouver, Fraser Valley Real Estate Board, Okanagan Mainline Real Estate Board, Victoria Real Estate Board

Average Price and Sales Volumes Changes, 2018 to 2019, Q1



Sources: Real Estate Board of Greater Vancouver, Fraser Valley Real Estate Board, Okanagan Mainline Real Estate Board, Victoria Real Estate Board

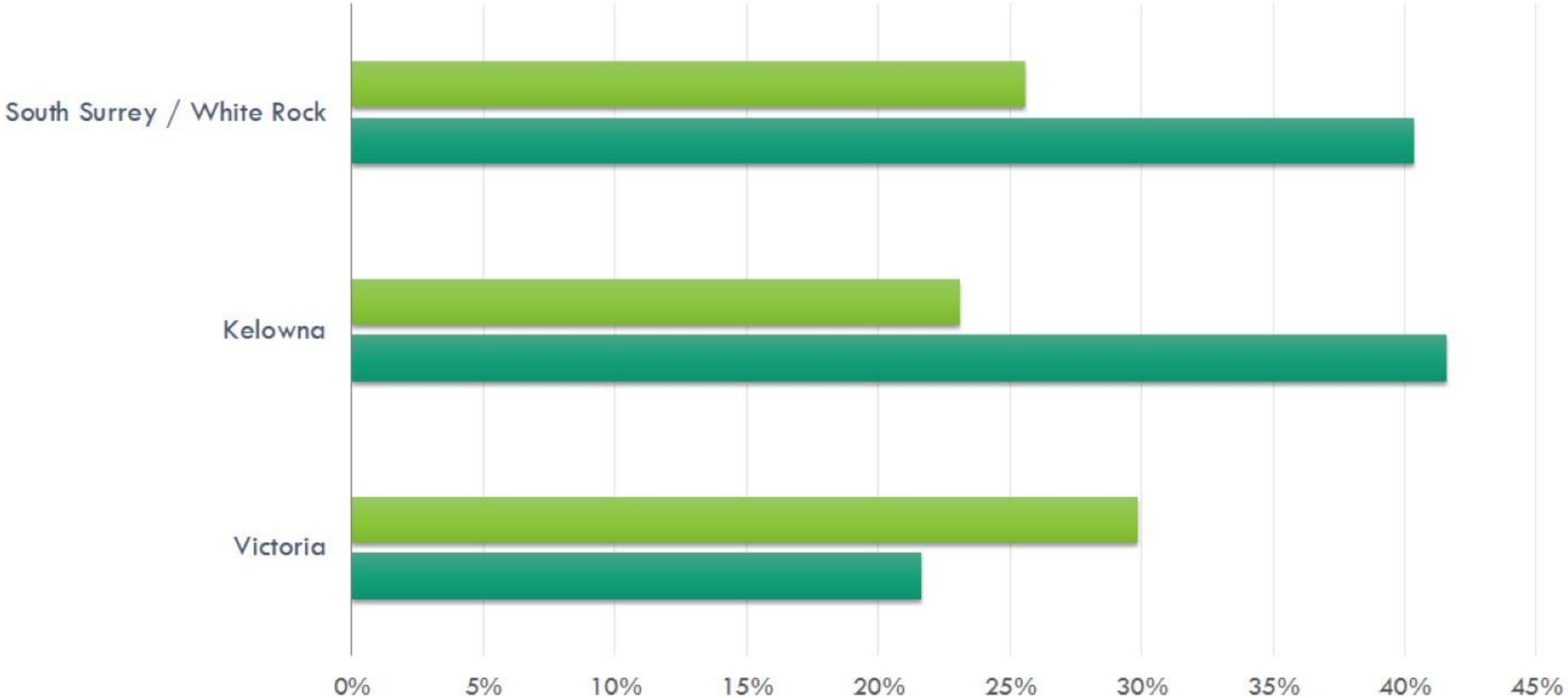
Residential MLS Sales Volume and CMHC IL Vacancy Province of B.C.



Source: BC Real Estate Association & CMHC

Rents Increase Over Last 10 Years

■ private-pay LTC ■ private-pay IL



Operating Expense Growth Trends

