



Becoming a Butterfly

Re-thinking Dementia Care in Alberta

Nicole Gaudet

Choices in Community Living

Who we are

- Small, Family-run, Alberta-based Company (Choices in Community Living)
- Three Lodges: Red Deer (1996), Lethbridge (2010), Spruce Grove (2013)
- Supportive Living contract with Alberta Health Services
- Dementia Care in every Lodge (SL4D)

Copper Sky Lodge Spruce Grove, AB



Copper Sky Lodge

- Owned and operated by the Gaudet Family
- 130 suites
- 173 staff (including casual staff)
- Main floor-two Dementia Cottages (12 Residents and 15 Residents)
- Staffing in Cottages: 7:00 am to 1:30 pm with a ratio of 1 staff to 5 Residents and otherwise, an approximate ratio of 1 staff to 7-8 Residents



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Introduction to Butterfly Household Model:

- Feelings based
- ❖ Understanding staff Emotional Intelligence
- Refusal to accept lethargy, boredom and warehousing

Once you see...

You can't turn your back...

Becoming Butterfly

What's really happening in your home?

- Evaluating the current state: Qualitative Evaluation Tool
- Appreciating the functional behaviour capacity of the Residents
- Determining the person-centered profiles of the staff
- Learning about the tools and methodology of the Butterfly Household Model

Becoming Butterfly

All things considered...

- Barriers to culture change
- Canadian context
- Managing staffing costs
- Maintaining overall momentum and energy
- Arriving at meaningful occupation and engagement for Residents
- Family engagement
- Clinician engagement

Becoming Butterfly

**Changing
the look!**

From this...



To this...



From this...



To this...



From this...



To this...





Give the cottages a name...





Enjoy the color! The stuff!







Training for staff...

Being a Star Sessions



Watch them grow...



Culture transformation to date...

- The look / environment of the Residents' homes
- No uniforms
- Names for homes
- Improved positive social interactions with staff and Residents
- Increased positive and engaged days for Residents – less boredom and lethargy and more quality of life
- More time spent in meaningful occupation
- Improved staff well-being
- Increased engagement by families

Month 9...

Matched Households

- Reviewed **Functional Behaviour Profiles** for Residents and **Person-Centered Appraisals** for Staff
- Engaged Families at each step
- Organized the move and re-settlement of 13 Residents
- Country Home (Stages 1-2)
- Sunny Villa (Stages 3-4)

A Collaborative Journey

- A collaborative learning opportunity for the Butterfly Household Model pilot sites
- An opportunity to contribute to a system level change with government

Many thanks!

Questions?

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